



Start **MAKING THE LEAP TO REMARKABLE** at the next Northeast Council Meeting

Saturday, October 29, 2011

Enjoy the morning with **Carol Lundgren**, CPS/CAP, Pennsylvania Division President; **Juanita Mort**, CAP, Pennsylvania Division President-Elect; and Special Guest, **Bianca Constance**, Northeast District Director.

AGENDA

- 8:30 a.m. Registration/Continental Breakfast
- 9:00 a.m. Introductions & Playful Icebreaker
- 9:15 a.m. Workshop "Eat That Frog"
- 10:15 a.m. Division Update and "Best Practices" Chapter Updates
- 10:30 a.m. Beverage Break
- 10:45 a.m. Workshop "De-clutter, De-stress, Delightful"
- 11:45 a.m. International Updates

SURPRISES THROUGHOUT THE MEETING

- Noon - 1:00 p.m. Lunch/Adjournment

The Wyoming Valley Chapter Invites you...

East Mountain Inn & Suites
2400 East End Blvd.
Wilkes Barre, PA 18702

Dress is casual

Lunch selections – (please indicate your choice on your registration form)

Chicken Caesar Salad – Grilled chicken over crispy Romaine lettuce, Caesar dressing, grilled croutons, and Romano cheese.

Chicken Fresco Salad – Grilled chicken over seasonal greens with sugared walnuts, fresh strawberries, mandarin oranges, shredded provolone and mozzarella cheeses, drizzled with orange balsamic vinaigrette

The journey to Remarkable begins with your first leap!

Cost: \$25 per person

Mail completed form and check to:

Nancy Pevac
126 Elkwood Lane
Clifford Township, PA 18421

REGISTRATION DEADLINE

October 15, 2011

REGISTRATION FORM

Make check payable to: Wyoming Chapter IAAP

Name: _____

Address: _____

Phone: _____ E-mail: _____

Lunch selection –

_____ Chicken Caesar Salad

_____ Chicken Fresco Salad

