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LEHIGH VALLEY CHAPTER
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February 2011



Dear Members,

It's hard to believe that February is here and our year is halfway over. This winter has certainly been a tough one on us all. Although I love a peaceful, quiet landscape after a snowfall, I can do without the ice and sleet that has been greeting us each week. I'm counting on that famous groundhog to keep his promise of an early spring.

I'm also counting on you to consider your leadership role during our "Call for Nominations" this month. We're looking for candidates for the Vice President and Secretary officer positions. I encourage you to accept the challenge of a leadership position. The work is rewarding and offers opportunities to network with other administrative professionals, learn new skills and enhance your professional development plan. Look for more information in this month's newsletter on the nomination process, terms of office, duties and eligibility. Accept the challenge.

No one can whistle a symphony. It takes a whole orchestra to play it.
–H.E. Luccock

Learn How to Bounce Back and Come Out on Top – with *the Help of the Swiss Cheese Theory of Life* at this month's meeting on February 28. Judith A. Belmont, MS, LPC talks to us about resiliency and how to learn the skills to "have the ability to bounce back from life's setbacks, grow from challenges, and transform stress into success". Important tools to use every day.

Join us - guests are always welcome!

All my best,

Linda

Linda D. Schmoyer, CPS
President, Lehigh Valley Chapter